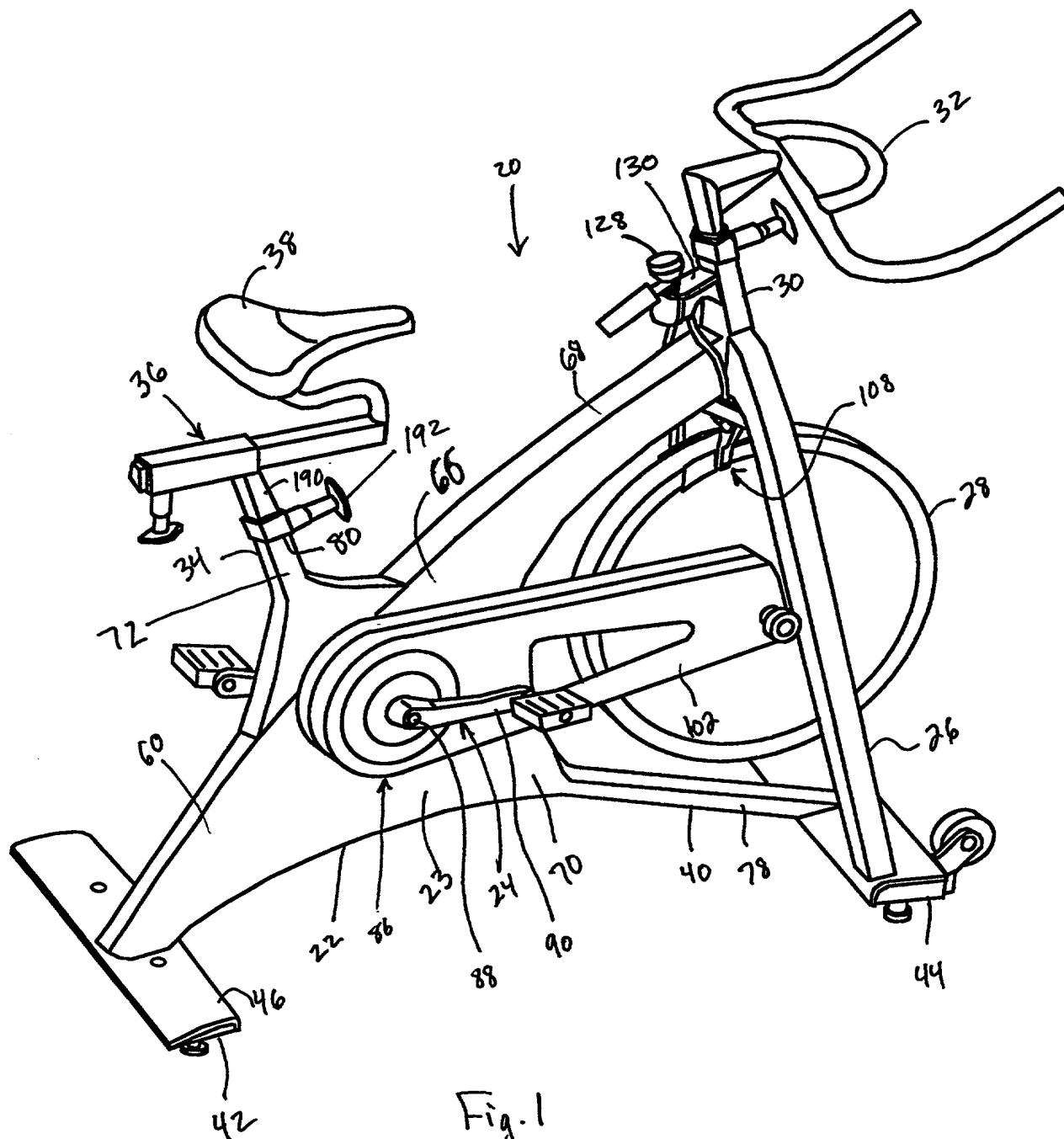


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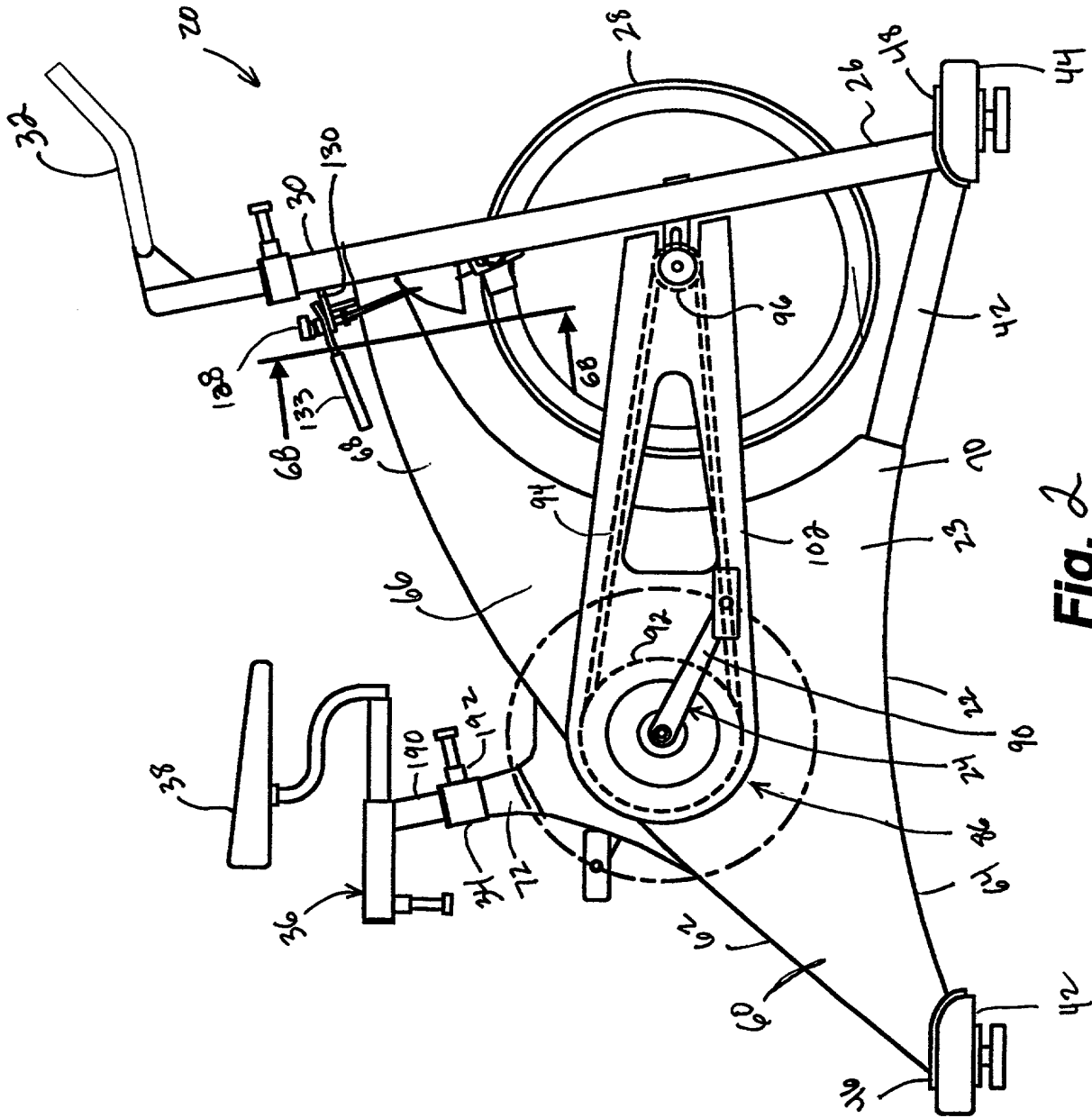


Fig. 2

Variable	Mean	Standard Deviation	Minimum	Maximum
Age	34.5	10.5	20	55
Gender	0.5	0.5	0	1
Marital Status	0.5	0.5	0	1
Education	12.5	1.5	10	15
Income	3500	1500	1000	7000
Health	0.5	0.5	0	1
Smoking	0.2	0.4	0	1
Alcohol	0.1	0.3	0	1
Exercise	0.3	0.5	0	1
Stress	0.4	0.5	0	1
Sleep	0.5	0.5	0	1
Diet	0.5	0.5	0	1
Work	0.5	0.5	0	1
Family	0.5	0.5	0	1
Friends	0.5	0.5	0	1
Hobbies	0.5	0.5	0	1
Travel	0.5	0.5	0	1
Shopping	0.5	0.5	0	1
Reading	0.5	0.5	0	1
TV	0.5	0.5	0	1
Music	0.5	0.5	0	1
Gardening	0.5	0.5	0	1
Cooking	0.5	0.5	0	1
Cleaning	0.5	0.5	0	1
Driving	0.5	0.5	0	1
Walking	0.5	0.5	0	1
Swimming	0.5	0.5	0	1
Fishing	0.5	0.5	0	1
Collecting	0.5	0.5	0	1
Volunteering	0.5	0.5	0	1
Religion	0.5	0.5	0	1
Politics	0.5	0.5	0	1
Art	0.5	0.5	0	1
Writing	0.5	0.5	0	1
Photography	0.5	0.5	0	1
Golfing	0.5	0.5	0	1
Tennis	0.5	0.5	0	1
Baseball	0.5	0.5	0	1
Soccer	0.5	0.5	0	1
Basketball	0.5	0.5	0	1
Hockey	0.5	0.5	0	1
Boxing	0.5	0.5	0	1
Martial Arts	0.5	0.5	0	1
Yoga	0.5	0.5	0	1
Meditation	0.5	0.5	0	1
Spa	0.5	0.5	0	1
Massage	0.5	0.5	0	1
Acupuncture	0.5	0.5	0	1
Chiropractic	0.5	0.5	0	1
Herbal	0.5	0.5	0	1
Essential Oils	0.5	0.5	0	1
Crystals	0.5	0.5	0	1
Reiki	0.5	0.5	0	1
Energy Healing	0.5	0.5	0	1
Sound Healing	0.5	0.5	0	1
Color Therapy	0.5	0.5	0	1
Flower Essences	0.5	0.5	0	1
Herbs	0.5	0.5	0	1
Tea	0.5	0.5	0	1
Coffee	0.5	0.5	0	1
Wine	0.5	0.5	0	1
Beer	0.5	0.5	0	1
Soft Drinks	0.5	0.5	0	1
Juice	0.5	0.5	0	1
Milk	0.5	0.5	0	1
Cheese	0.5	0.5	0	1
Butter	0.5	0.5	0	1
Eggs	0.5	0.5	0	1
Meat	0.5	0.5	0	1
Seafood	0.5	0.5	0	1
Vegetables	0.5	0.5	0	1
Fruits	0.5	0.5	0	1
Nuts	0.5	0.5	0	1
Seeds	0.5	0.5	0	1
Grains	0.5	0.5	0	1
Legumes	0.5	0.5	0	1
Dairy	0.5	0.5	0	1
Protein	0.5	0.5	0	1
Carbohydrates	0.5	0.5	0	1
Fats	0.5	0.5	0	1
Sugars	0.5	0.5	0	1
Salt	0.5	0.5	0	1
Spices	0.5	0.5	0	1
Herbs	0.5	0.5	0	1
Essential Oils	0.5	0.5	0	1
Crystals	0.5	0.5	0	1





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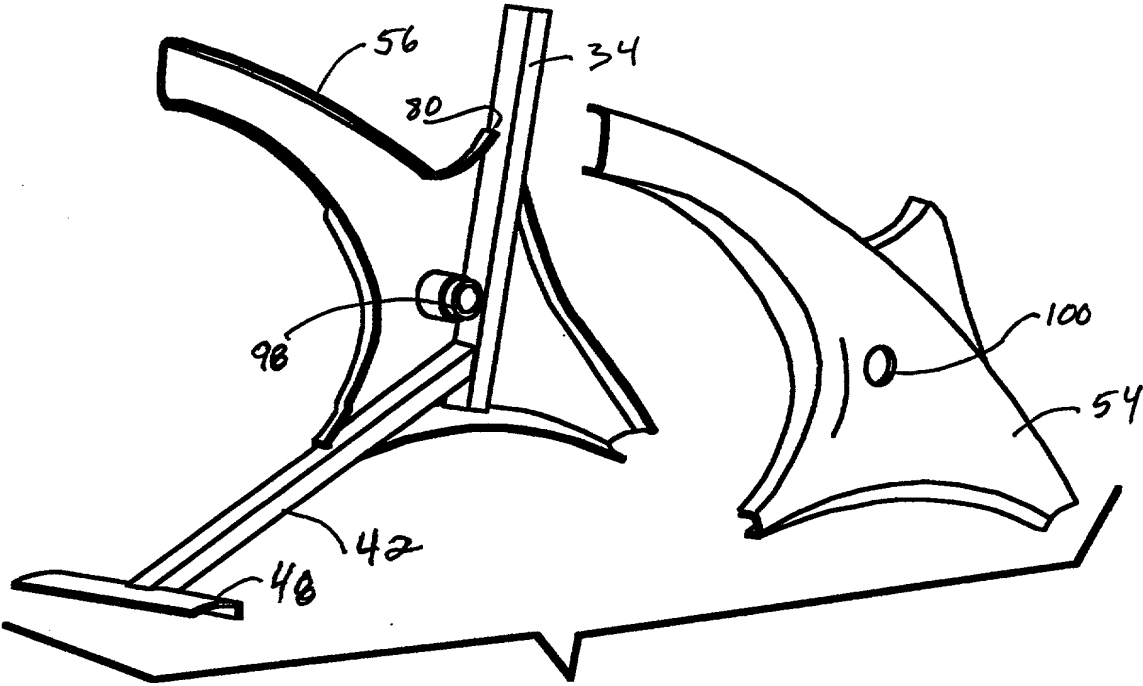


Fig. 5A

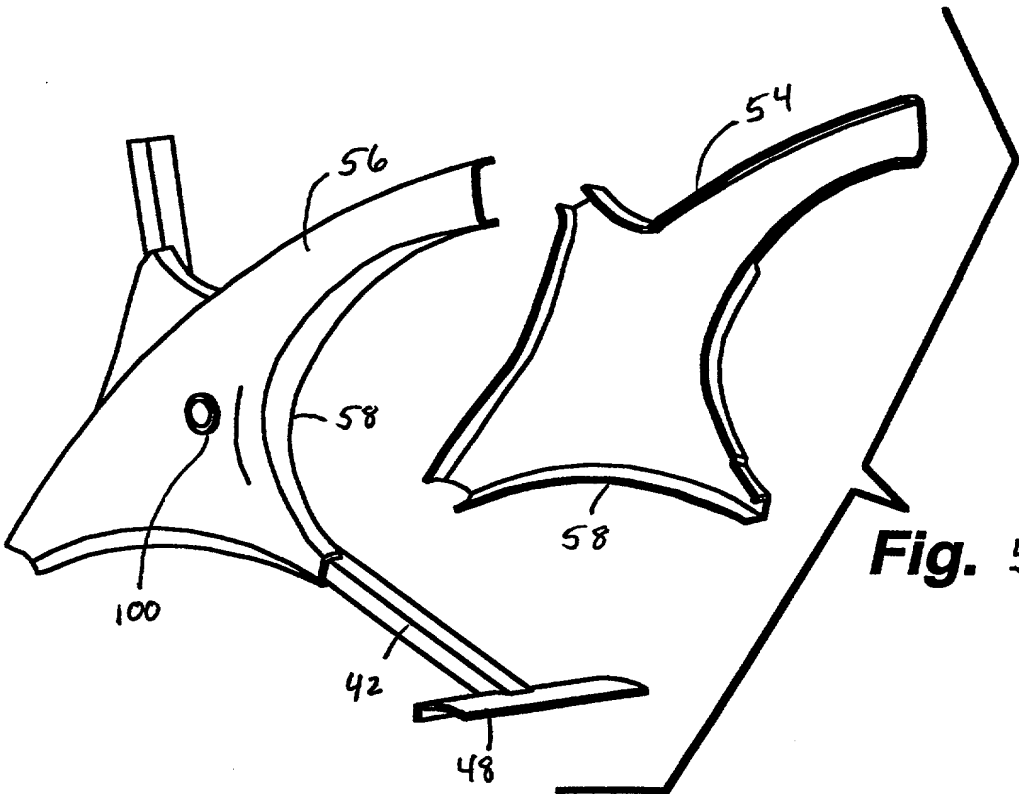


Fig. 5B

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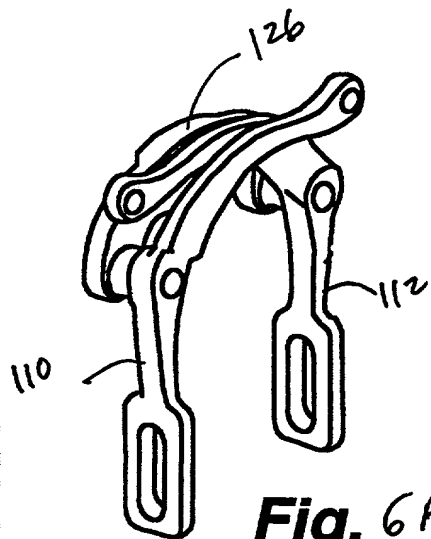


Fig. 6A

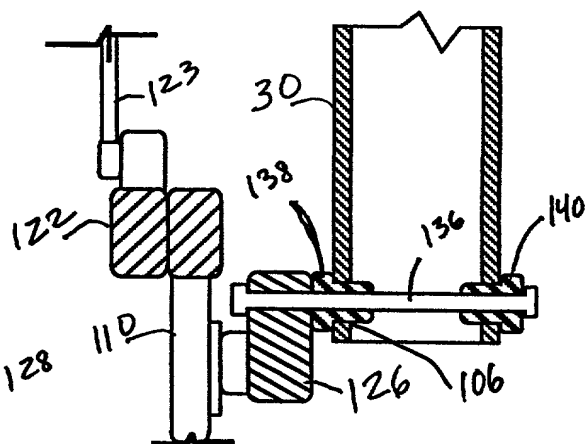


Fig. 6c

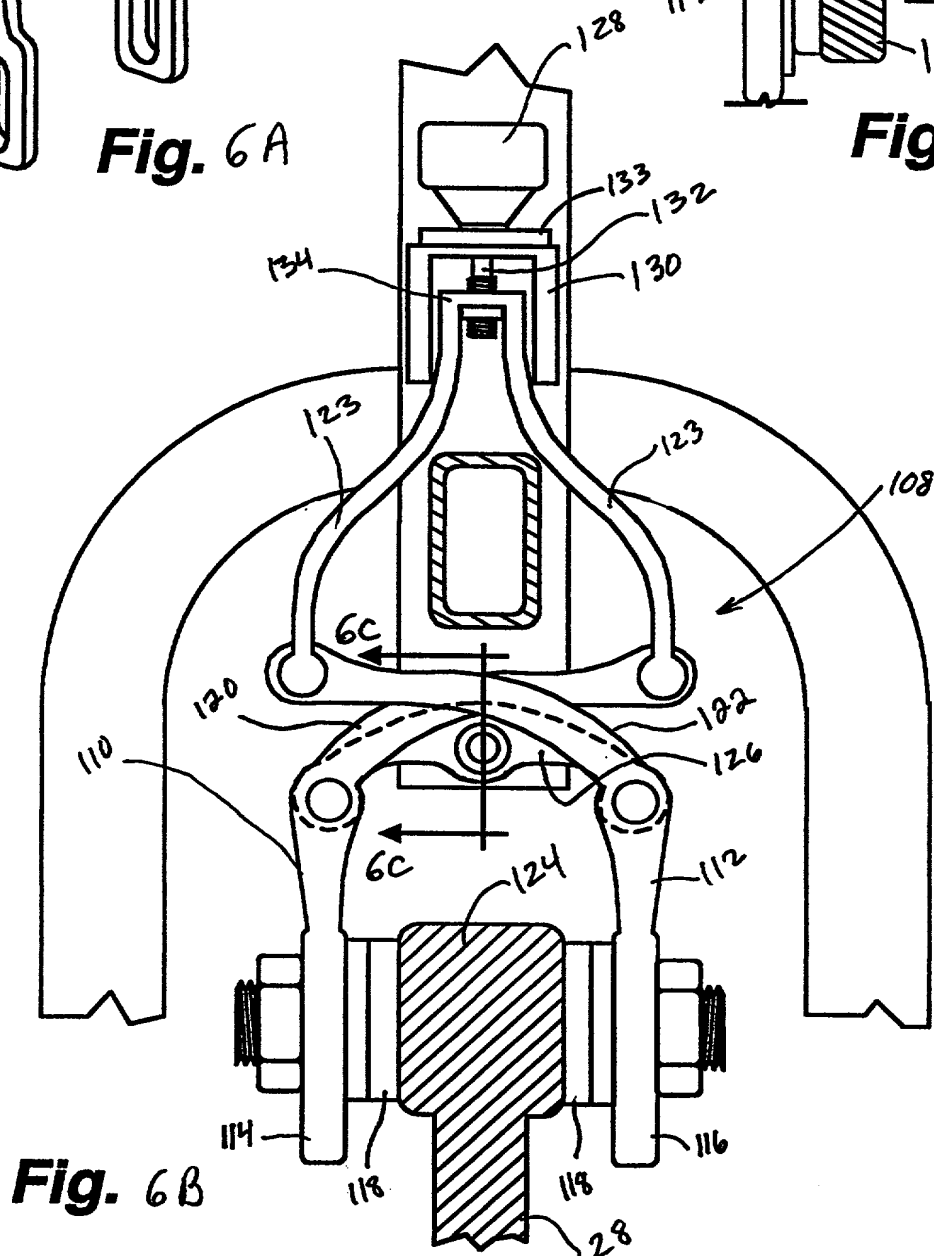


Fig. 6B

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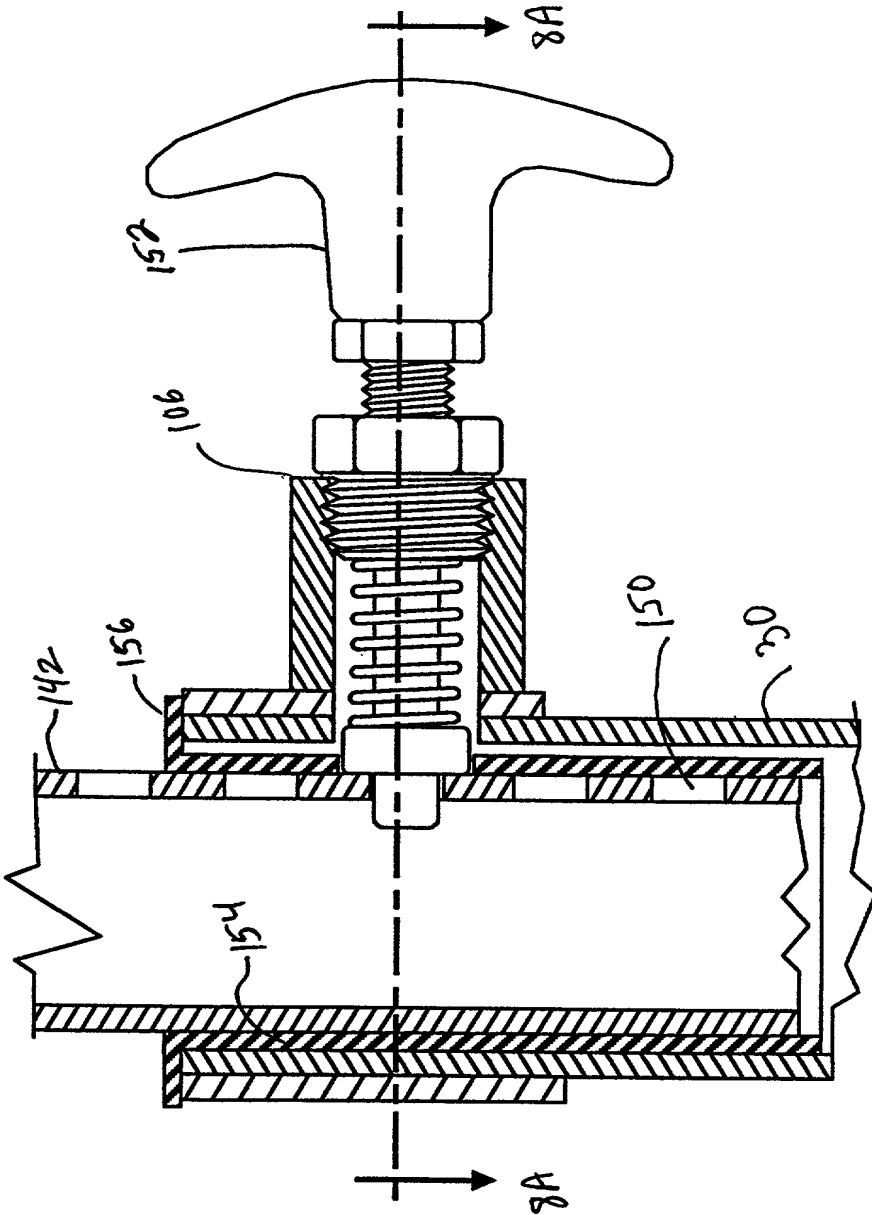


Fig. 7A

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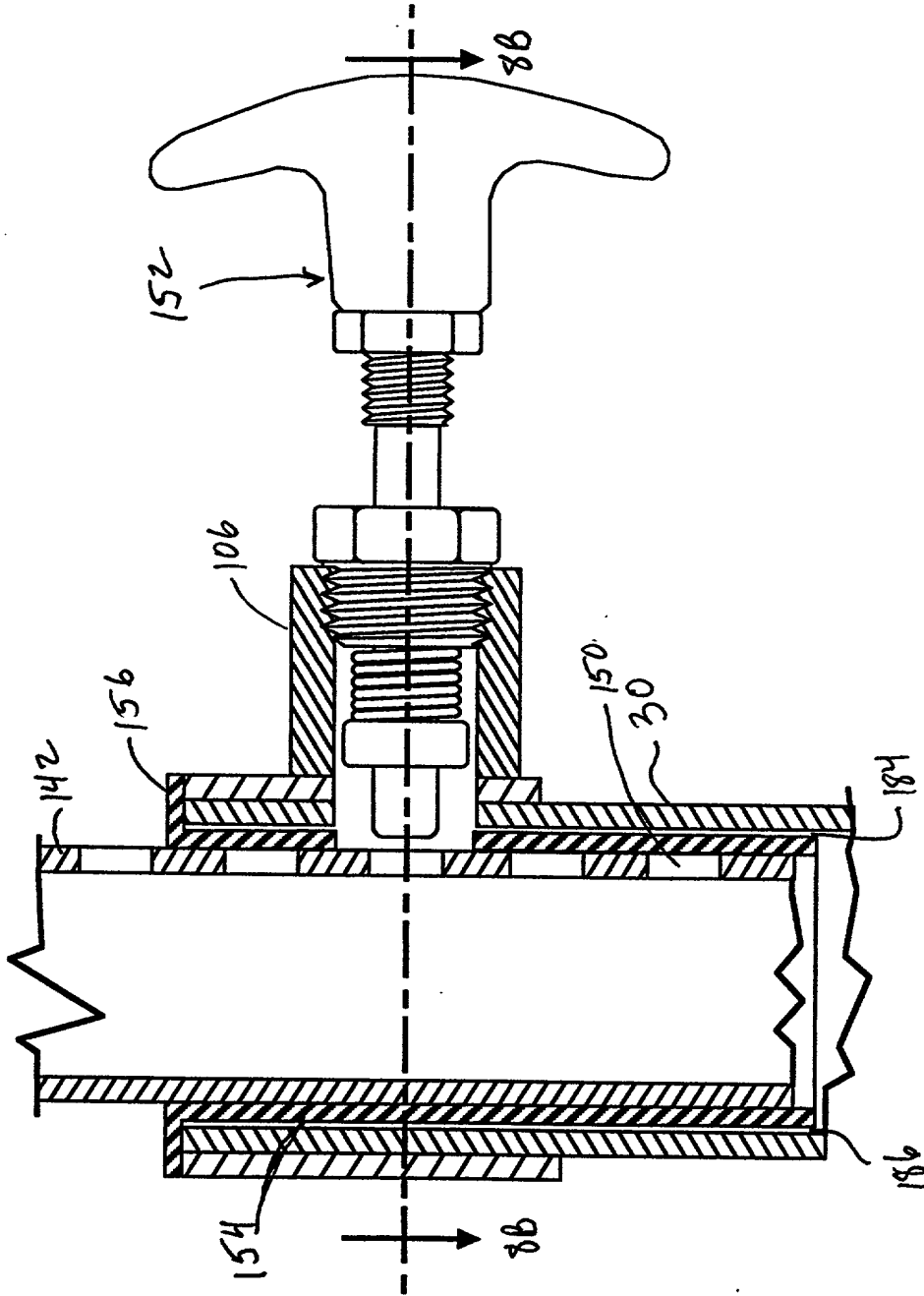


Fig. 7b

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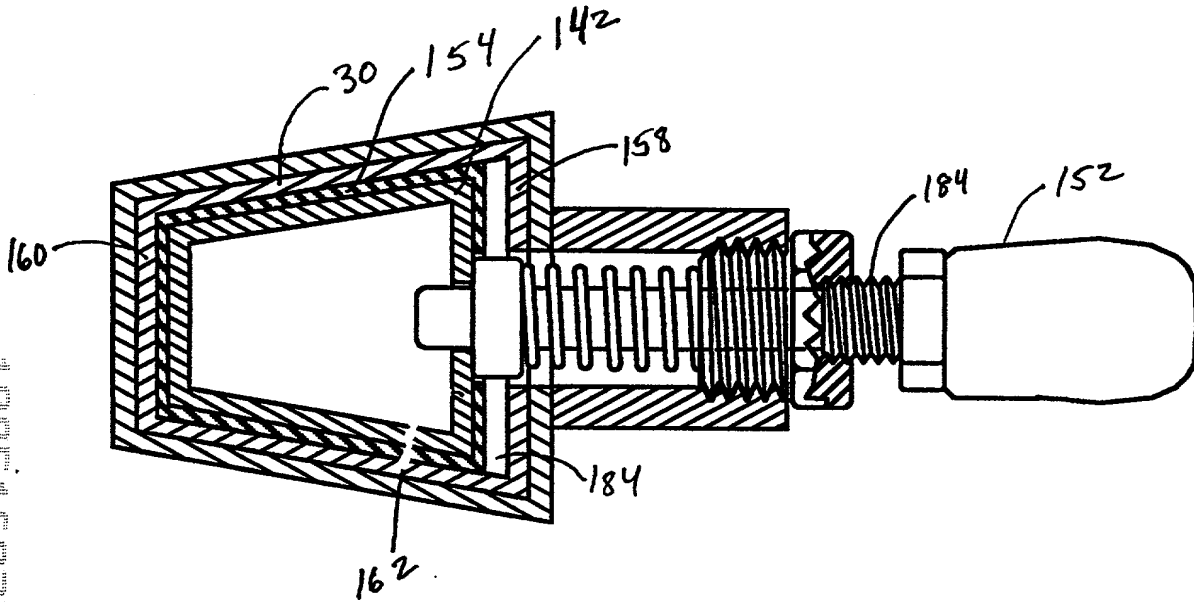


Fig. 8A

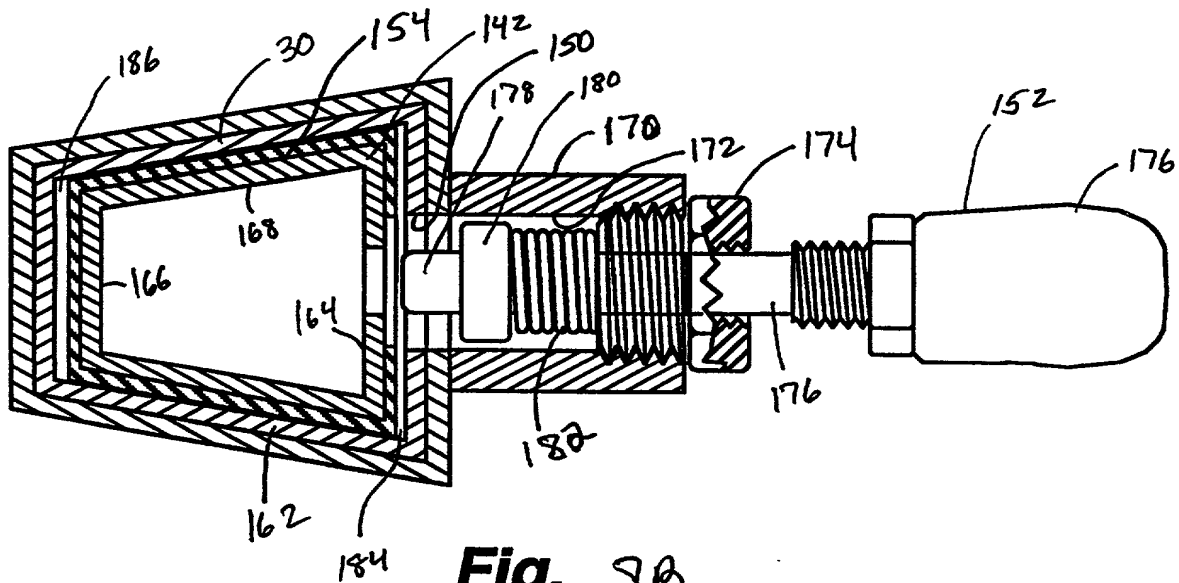
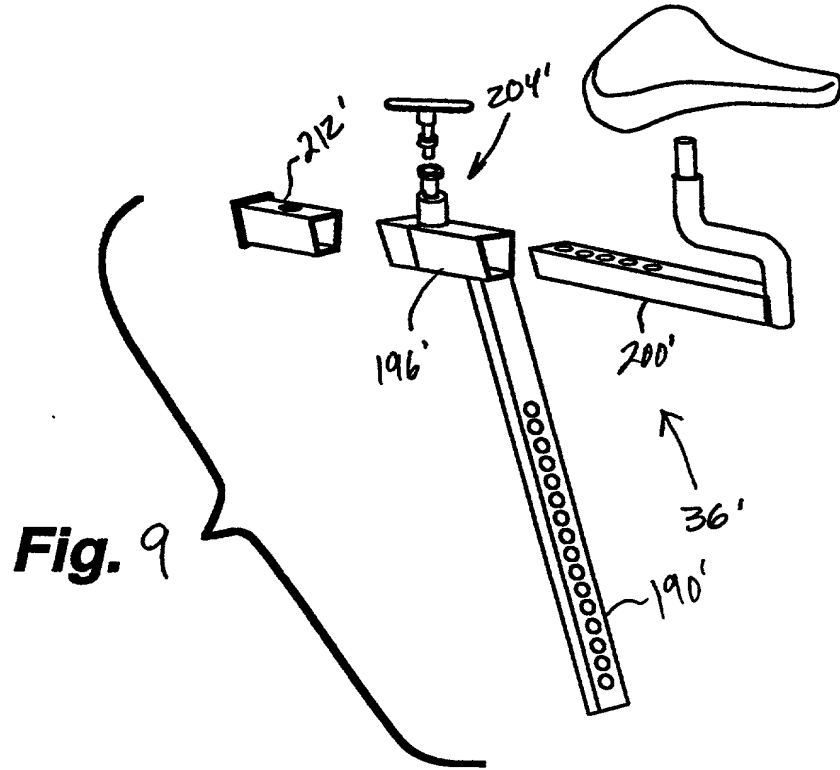


Fig. 8B

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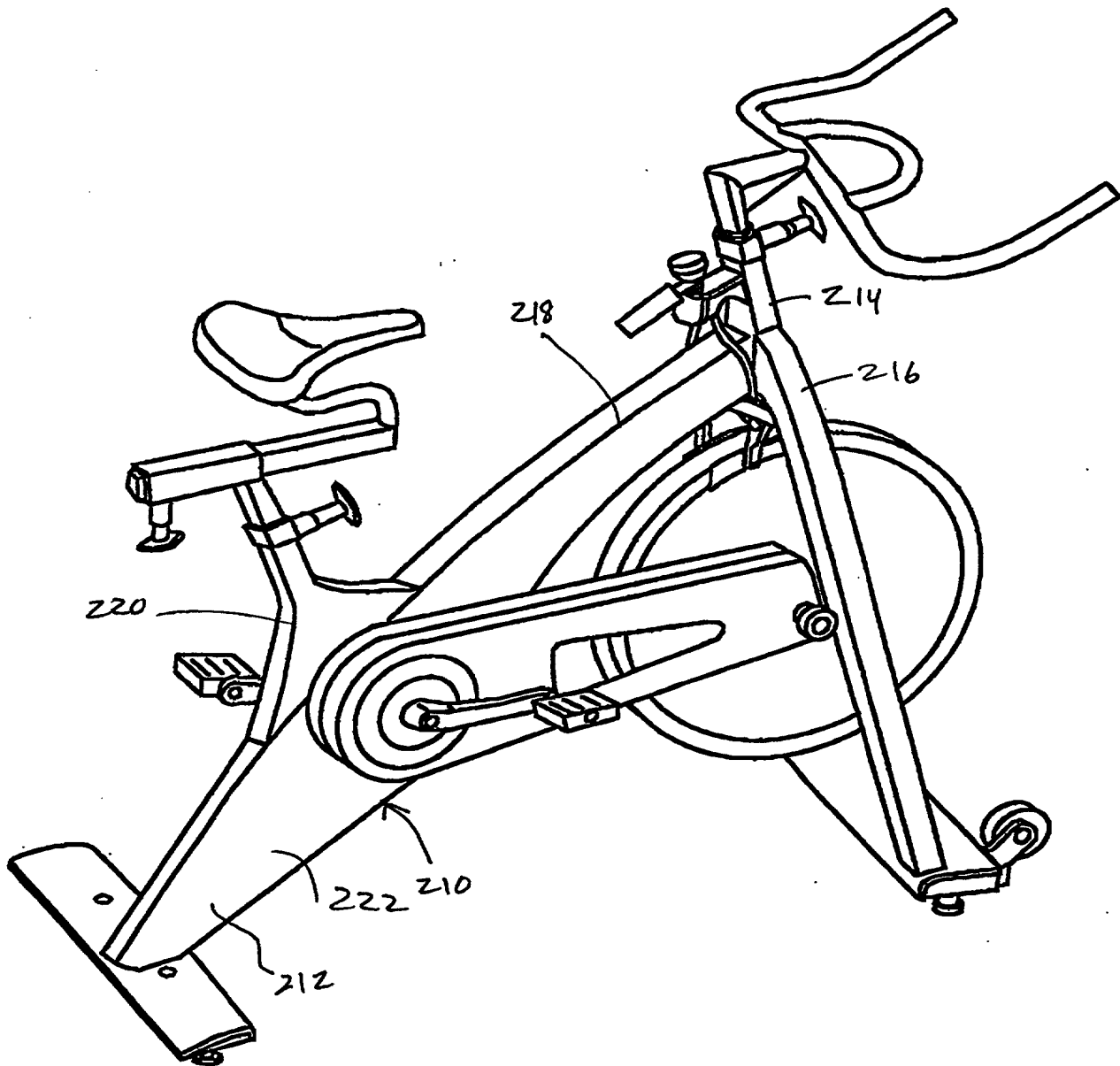


Fig. 10

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